



**Division of Education, Innovation and Energy
Student Support Services Unit**

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Social Media Risks (Part 2)

“Protecting our babies from the digital monster”



To Tweet or Not To Tweet



Today, much of children's social life happens online. Remember to monitor their social media activity to ensure that their online experiences remain positive.

Here are 4 tips:

- ◆ *Give them the right words* - Since online conversations are usually unheard and unseen, you can occasionally, narrate your own texts or social media comments when your children are in earshot.
- ◆ *Learn about their worlds* - Try to keep an eye on what they are saying and doing online as much as possible, to understand the norms in their worlds. Do not police everything, but look out for any inappropriate activity.

To Tweet or Not To Tweet



(Tips continued)

- ◆ *Empathize with the pressure to overshare* - Tell them that you understand how tempting it is to do inappropriate things to fit in. Explain however, that poor choices have long lasting consequences.
- ◆ *Develop their instincts* - Help children learn to “trust their guts” so that they can recognize creepy, risky or otherwise unsafe, online situations.

Have fun doing these activities !



Digital Footprint

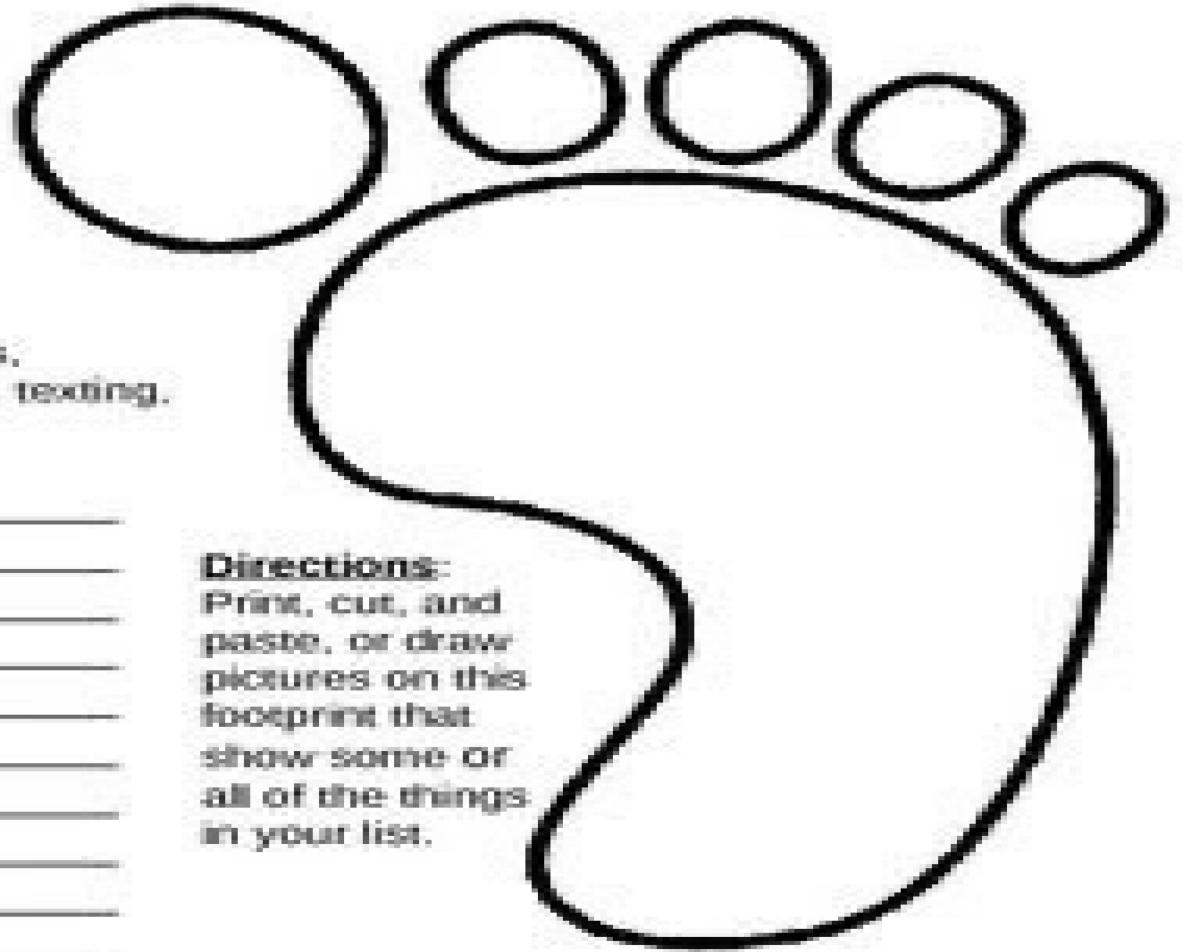
Children of all ages can participate in this activity. Once this is done, you can have a discussion about the digital activities that they are involved in.

My Digital Footprint

List your favorite digital activities: apps, websites, games, videos, images, music, texting, posting, researching, etc.

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

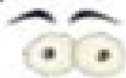
Directions:
Print, cut, and paste, or draw pictures on this footprint that show some or all of the things in your list.



I am a Digital Citizen!

I will use my EYES!

- I will visit approved websites that **PROMOTE LEARNING** and are for educational purposes.
- I will not look at inappropriate websites.



I will use my HEART!

- I will be respectful when I am online and use kind words.
- I will **THINK** and make sure what I do online is
 - True
 - Helpful
 - Inspiring
 - Necessary
 - Kind.



I will use my FEET!

- I will stand up and say "No!" to **CYBERBULLYING**.
- I will remember that my "**digital footprint**" should not harm others.



I will use my HEAD!

- I will make good choices when I'm online.
- I will protect my **PRIVATE INFO** and the information of others.
- I will log out, and not share my login or password with others.



I will use my VOICE!

- I will **TELL AN ADULT** if someone is being hurtful or unkind online.



I will use my HANDS!

- I will only use the assigned **WIFI network** when I'm at school.
- I will keep my device safe and secure at all times.
- I will follow **Copyright Laws**, and will remember to cite the sources I use for all my projects.



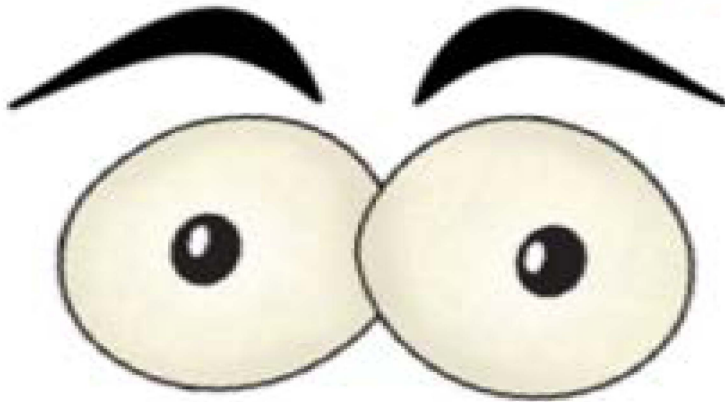
Discussion Activity

I will use my HEAD!

- I will make good choices when I'm online.
- I will protect my **PRIVATE INFO** and the information of others.
- I will log out, and not share my login or password with others.



I will use my EYES!

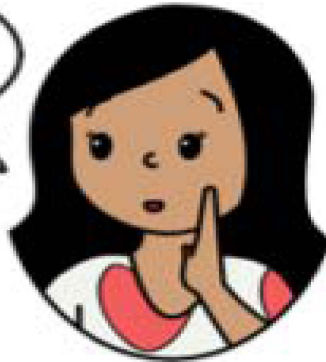


- I will visit approved websites that **PROMOTE LEARNING** and are for educational purposes.
- I will not look at inappropriate websites.

Discussion Activity

I will use my VOICE!

Mom! Dad!



Teacher!



- I will **TELL AN ADULT** if someone is being hurtful or unkind online.

I will use my HANDS!



- I will only use the assigned **WIFI network** when I'm at school.
- I will keep my **device safe and secure** at all times.
- I will follow **Copyright Laws**, and will remember to cite the sources I use for all my projects.

Discussion Activity

I will use my FEET!

- I will stand up and say "No!" to **CYBERBULLYING**.
- I will remember that my "**digital footprint**" should not harm others.

